



CONTACT Listening Line Volunteer Opportunity!

If you are interested in a meaningful volunteer opportunity to help people who are in crisis and want to talk to somebody, become a counselor for the *CONTACT Listening Line*.

Confidentiality and Anonymity

Confidentiality is part of *CONTACT*'s foundation. We respect privacy that the help seekers deserve.

Judgement Free

CONTACT fully understands that every individual may be going through difficulty in their life. Their experiences are unique and will be met with compassion and empathy.

Our support comes with unconditional positive regard and is based on active listening.

Here for You

CONTACT started in 1976 and has been offering free mental health, crisis, and suicide prevention support to the residents of Mercer County, the State of New Jersey, and the country through a variety of emotional support programs.

These include the *CONTACT Listening Line*, our affiliation with the *NJ 988 Telephone, Chat & Text Lifelines*, and our *Reassurance* program for elderly county residents.

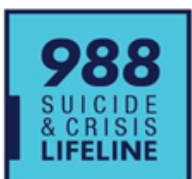
CONTACT Listening Line Hours:

Monday – Friday Between 9 am—5 pm; (609) 737-3300

If you are interested in becoming a volunteer counselor for the CONTACT Listening Line, please contact Jesse Szwed at

jesse.szwed@contactofmercer.org

You may also visit us online by going to contactofmercer.org, or call (609) 737-2000.



TALKING HELPS!