



**PSRC WINTER RAFFLE
ARE YOU FEELING LUCKY?**

Help PSRC reach our annual fundraising goals
for 2022–23 by entering a chance to WIN
Go to **page 14** for more information

**2023 SPRING FUNDRAISER EVENT
JOIN US FOR A SPECIAL EVENT WITH**

KEITH SPENCER TRIO IN CONCERT

DYNAMIC, VERSATILE BARITONE VOCALIST AND CONCERT ENTERTAINER

Sunday, April 30 at 3:30 p.m. (doors open at 3:00 p.m.)

Location: Stone Hill Church, 1025 Bunn Drive, Princeton, NJ

DESSERT RECEPTION FOLLOWING CONCERT



FOR MORE INFORMATION AND REGISTRATION: princetonsenior.link/2023-SpringFundraiser

Questions about this event?

Contact Lisa Adler at ladler@princetonsenior.org or call 609.751.9699, ext. 103.

**LIVE FROM BRAZIL: WALKING TOUR OF
BLACK HISTORY IN BAHIA** (HYBRID – IN-PERSON
AT NSK LOCATION AND ON ZOOM)

Wednesday, February 22, 3:00–4:00 p.m.

Fee: \$5

Description on [page 5](#). Register at
[princetonsenior.link/February-Enrichment-
LimitedSeries](https://princetonsenior.link/February-Enrichment-LimitedSeries)

RETURNING! NATIONAL PARKS SERIES (ZOOM)

***Mondays and Fridays throughout February,
2:00–3:00 p.m.***

Fee: \$5 per Session; \$25 for entire series

Description on [page 5](#). Register at
[princetonsenior.link/February-Enrichment-
LimitedSeries](https://princetonsenior.link/February-Enrichment-LimitedSeries)

“SHOW, DON’T TELL”: THE SECRET OF GOOD WRITING (ZOOM)

Wednesdays starting February 15 through March 8, 10:30 a.m.–noon; Fee: \$75

Description on [page 6](#). Register at princetonsenior.link/February-Enrichment-LimitedSeries

Spring 2023 Evergreen Forum Course List

Most classes begin the week of February 27

Electronic registration is first come, first served

See [page 10](#) for the course list.



**THE NANCY S. KLATH CENTER
FOR LIFELONG LEARNING**

101 Poor Farm Road, Building B
Princeton, NJ 08540
(between Bunn Dr. and Mt. Lucas Rd.)
Phone: 609.751.9699
Monday–Friday
9:00 a.m. to 5:00 p.m.

SUZANNE PATTERSON BUILDING

45 Stockton Street
Princeton, NJ 08540
(behind Monument Hall)
Phone: 609.751.9699
Call PSRC for hours

info@princetonsenior.org
princetonsenior.org

*PSRC's refund policy may be found
on the website under the "Who We Are/
General Information" tab.*

*A nonprofit organization
serving our community*

BOARD OF TRUSTEES

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FROM THE CEO, DREW DYSON

Sharon Hurley: A Legacy of
Compassionate Care

Dear Friends,

By now, you may have heard that Sharon Hurley, our director of social services and volunteer coordinator, retired from her full-time position at PSRC effective Friday, January 27, 2022.

As many of you know, Sharon has been an integral part of PSRC since being hired to join the staff in November of 2015. Prior to joining our staff team, Sharon served as director of volunteer services with Life Choice Hospice and had an illustrious career in human services that demonstrates her commitment to serving her community. At PSRC, Sharon successfully managed the social services department through a period of significant growth, including the transition to offering virtual support throughout the pandemic. Under Sharon's compassionate and skilled leadership, PSRC's social services department expanded to provide even more case management, resource referral, and individual and group support. Additionally, Sharon has led PSRC to have strong community connections, working with municipal and nonprofit partners to serve older adults throughout the greater Princeton region. Indeed, I know that Sharon has helped many of you, and many of her colleagues, navigate care for loved ones and other challenges.

In addition to leading the social services department with excellence, Sharon used her experience and expertise as a certified volunteer administrator (CVA) to expand PSRC's use of volunteers throughout the organization. Many of you have gotten to know Sharon through her caring work with our volunteers who, under Sharon's leadership, have become integral to PSRC's overall success.

Sharon will be greatly missed — but she goes into this next phase of her own journey with our profound gratitude and support. Thankfully, Sharon has agreed to remain at PSRC on a part-time basis through this period of search and transition. In this interim time, Sharon will continue to facilitate groups and provide support as part of our social services team.

Please join me in expressing our gratitude to Sharon for her incredible service to PSRC and wishing her well as she takes this next step in her life's journey. Cards or notes of appreciation may be sent to Sharon's attention here at PSRC — or you may email her directly at shurley@princetonsenior.org

All the Best,
Drew A. Dyson, PhD
Chief Executive Officer

A Note from Sharon

Dear Friends,

I could write volumes about all my wonderful experiences while being at PSRC, but I will simply say, thank you! I have been honored to serve so many people, and it would be impossible to name everyone that has touched my life so profoundly. The supportive relationships that resulted from facilitating groups has delighted me. The community partners that I worked with, as well as their support of PSRC, fills me with pride and gratitude. Volunteers, including the PSRC board, are such an integral part of the success of what happens every day, and things couldn't be done without each of you.



There is a very special place in my heart for the residents that live in a Princeton Housing Authority community, especially since my office was located at Spruce Circle for most of my time with PSRC.

Finally, I would like to thank my colleagues for being so generous with their time and spirit. Their dedication and compassion for the seniors that are served is abundant and evident in all that they do each day. I will miss everyone at PSRC, but I smile when I hear what my eight-year-old granddaughter says, "My Grammy can go to my regular things now — not just the special things!" I can now be an around the corner grandmother in this new chapter of my life.

With love, Sharon

SPECIAL NOTICES

PSRC is closed on Monday, February 20, in honor of Presidents' Day

PSRC STAFF

Drew A. Dyson, PhD
Chief Executive Officer

Donna Cosgrove
Chief Operating Officer

Lisa Adler
Chief Development Officer

Fran Angelone
Crosstown Coordinator

Billi Charron, MSW
Social Worker

Cathy Gara
Bookkeeper & HR Coordinator

Cheryl Gomes
Development Associate

Krista Hendrickson
*Director of Lifelong Learning
& Educational Technology*

Sharon Hurley, CVA
*Director of Social Services
& Volunteer Coordinator*

Nick Macy
Receptionist & Administrative Support

Joo Nam
*Intergenerational Coordinator
& Building Host*

Jai Nimgaonkar
Technology Associate

Barbara Prince
Development Coordinator

Beth Weiskopf
Program Administrator

Kathleen Whalen
Director of Communications

Group/Program Location Key:

**NSK - Nancy S. Klath Center
for Lifelong Learning
at 101 Poor Farm Road**

SC - Spruce Circle at 179 Spruce Circle

**SPB - Suzanne Patterson Building
at 45 Stockton Street**

H - Hybrid Group/Program

NOTE:

Click on program/group titles to be directed to the registration form

FEBRUARY PROGRAMS

FEBRUARY SPECIAL PROGRAM SPONSORS

Angelion Mobility, Berkshire Hathaway-Fox Roach Realtors, Oasis Senior Advisors, The Bank of Princeton



FIRST FRIDAY FILM — SUMMER OF SOUL
(HYBRID – IN-PERSON AT NSK LOCATION
AND ON ZOOM)

Friday, February 3 at 1:00 p.m.

Summer of Soul follows the Harlem Cultural Festival in the summer of 1969 and shines a light on the importance of history to our spiritual well-being and stands as a testament to the healing power of music during times of unrest, both past and present. The feature includes concert performances by Stevie Wonder, Nina Simone, Sly & the Family Stone, Gladys Knight & the Pips, Mahalia Jackson, B.B. King, The 5th Dimension and more. **Running time: 1 hour, 58 minutes; Genre: Documentary; Rated: PG-13**

Registration required, no fee.



FYI SEMINAR — “TIPS TO ORGANIZE YOUR HOME” (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)

Tuesday, February 7 at 3:00 p.m.

Right at Home provides personal care, companion care and physical therapies to allow individuals to remain safely at home. “Put it There” will share tips and tricks on how to organize your home and be more productive. Registration required, no fee.



FYI SEMINAR — “MENTAL HEALTH FIRST AID” (IN-PERSON AT NSK LOCATION)
Tuesday, February 14 at 3:00 p.m.

Could you recognize someone having a panic attack? Do you know the warning signs of depression, anxiety, or substance use? This one-hour Mental Health First Aid session will provide an overview to introduce you to some tools and techniques you need to safely and responsibly identify individuals experiencing a behavioral health crisis and connect them to appropriate professional care. Registration required, no fee.



FYI SEMINAR — “EARLY HEART ATTACK CARE + HANDS-ONLY CPR” (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)

Tuesday, February 21 at 3:00 p.m.

What is Hands-Only CPR? What do you do if you or a loved one is having a heart attack? In this

session, we will review these questions and dive deeper into the signs and symptoms of heart attack and what to do when that occurs. Registration required, no fee.



FYI SEMINAR — “WHAT IS A DEATH MIDWIFE?” (IN-PERSON AT NSK LOCATION)
Tuesday, February 28 at 3:00 p.m.

Death Midwives seem like a new idea, but they are as old as death itself. Throughout history, mental, spiritual, physical, and emotional support have been a fundamental part of the transition to death. With recent events such as the COVID-19 pandemic, these ideas are coming back. Death Midwives can be a part of the death transition process before, during, and after and can help with the grieving and healing process. Registration required, no fee.



TED TALKS (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)
Every Tuesday at 10:30 a.m.

First we watch a TED Talk, then we discuss it. Discussions are facilitated by Helen Burton. All are welcome. This month’s topics:

February 7 — Fallon Goodman: Why you feel anxious socializing (and what to do about it)

February 14 — No meeting scheduled

February 21 — Josephine Eyre: Are video calls the best we can do in the age of metaverse

February 28 — Bill Gates: Can we make COVID-19 the last pandemic

Registration required, no fee.

This month’s FYI sponsors are Bryn Mawr/WSFS, Capital Health, Springpoint Choice, and Stark & Stark Attorneys at Law. TED Talk sponsors are Akin Care Senior Services, Brandywine Living: Princeton, Pennington, & Serenade at Princeton, Peapack Private Wealth Management, and RothKoff Law.

LIBRARY READS — MONDAY, FEBRUARY 6
(usually meets on the first Monday of the month)

1:00 p.m. via Zoom

Princeton Public Library staff will showcase some great recent and notable book titles to add to your to-be-read list. **Presented by Princeton Public Librarians.** Registration required, no fee.

LIMITED SERIES PROGRAMS

BINGO: WIN LIKE NEVER B-4 (IN-PERSON AT NSK LOCATION)

Wednesday, February 8, 1:00–3:00 p.m.

Join us for a lively afternoon of bingo fun where there's no charge and every game ends with a winner! Come for camaraderie and cool prizes. Registration is required, no fee. Space is limited to 32 players and **game play begins at 1:00 p.m.**

CHESS+ WORKSHOP (ZOOM)

Wednesdays starting February 1 through February 22, 1:00 p.m.

Fee: \$60 resident / \$65 nonresident

Learn to play the most popular games ever, a game of strategy and problem solving that keeps your mind sharp while fostering social engagement. This workshop will use “Chess x Positive Psychology,” a novel learning model that combines the disciplines of chess and the principles of positive psychology. For beginner to intermediate skill levels. Maximum participants: 16.

Instructor: Larry Li

FREE AARP TAX ASSISTANCE FOR SENIORS (IN-PERSON AT SPB LOCATION, APPOINTMENT ONLY)

Fridays, February 3 through April 15

AARP sponsors free tax assistance for low and moderate-income people through the AARP Tax-Aide program. AARP volunteers who are certified by the IRS will be available to prepare and electronically file individual Federal and New Jersey State returns. These volunteer preparers are particularly familiar with tax regulations and rebate programs that affect seniors.

A pre-appointment packet may be picked up in advance or filled out at the time of your appointment. Call PSRC for packet pick-up locations and hours.

By appointment only. Register at <https://princetonsenior.link/AARPTaxaide>.

GALLERY TALKS (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)

Thursdays through February 16, 11:00 a.m.–noon

Fee: \$13 per session

LIVE FROM BRAZIL: WALKING TOUR OF BLACK HISTORY IN BAHIA (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)

Wednesday, February 22, 3:00–4:00 p.m.

Fee: \$5

Salvador in Bahia is considered the most African City and Pelourinho is the heart of our Black History. Starting in front of Sao Francisco Church — the most famous “gold” church in Brazil, we will walk through the Streets of Salvador to the Escola do Olodum and check the history of the music of Bahia, the Samba Reggae of Mestre Neginho do Samba. Along the walk of Old Town, we will see the most important afro Brazilian heritage traditions food (Acaraje), religion (Candomble), and local artists.

Participants will be able to ask questions and interact with the guide throughout the tour.

MAKING A WAY OUT OF NO WAY: AFRICAN AMERICAN SOLDIERS IN WORLD WAR II (ZOOM)

Wednesday, February 15, 11:00 a.m.–noon

Fee: \$5

Join the National Museum of the U.S. Army as we explore the history and fight for equal rights by African American soldiers during World War II. A museum educator will showcase the commitment, challenges, and bravery of African American soldiers navigating both segregated units and returning home to a segregated America.

Please note: This lecture WILL NOT be recorded.

RETURNING! NATIONAL PARKS SERIES (ZOOM)

Mondays and Fridays throughout February, 2:00–3:00 p.m.

Fee: \$5 per Session; \$25 for entire series

Join us for our second annual National Park Series where we will explore six fantastic parks across the United States.

Please note: This series WILL NOT be recorded.

Full descriptions can be found at princetonsenior.org/coming-soon/

Friday, February 3 — Coronado National Memorial, Arizona

Monday, February 6 — Joshua Tree National Park, California

FEBRUARY PROGRAMS

Visit <https://www.princetonsenior.org/coming-soon/>

Friday, February 10 — *Haleakalā National Park, Hawaii*

Monday, February 13 — *Rocky Mountain National Park, Colorado*

Friday, February 17 — *Everglades National Park, Florida*

Friday, February 24 — *Homestead National Historic Park, Nebraska*

PUPS & CUPS (IN-PERSON AT NSK LOCATION)

Thursday, February 23, 3:00–4:00 p.m.

Join us for an hour of socializing and pet therapy at our 101 Poor Farm location! A certified therapy dog will be available to provide comfort, cuteness, and relaxation, along with the opportunity to socialize and enjoy some hot beverages. You can learn more about pet therapy, pet a good dog, or join us for some casual conversation. No matter what, Pups & Cups is a relaxing afternoon of fun.

“SHOW, DON’T TELL”: THE SECRET OF GOOD WRITING (ZOOM)

Wednesdays starting February 15 through March 8, 10:30 a.m.–noon

Fee: \$75

“Show, don’t tell” is the single piece of advice that writers are given most often to help them craft compelling, evocative writing that captivates readers’ imaginations and keeps them reading. But what exactly does this mean? In this writing workshop, we will learn what showing is, how to do it, and how to spot telling in our writing. We will focus on “showing through highlighting actions and reactions, writing vivid descriptions, and crafting crisp dialogue. Writers are encouraged to share their in-class writing in a supportive community of like-minded individuals. Novice and more experienced writers can benefit from this course as can writers of different genres. Maximum enrollment: 12

Leader: Fran Mascia-Lees

USING YOUR WITS (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)

Thursdays through February 16, 2:00–3:00 p.m.

Fee: \$5 per session

RETIREMENT PROGRAMS

SENIOR CITIZEN CLUB (IN-PERSON AT NSK LOCATION)

Friday, February 24, 11:00 a.m.

Join up for a social hour of chatting and sharing. Registration is required, no fee.

MEN IN RETIREMENT’S BREAKFAST MEETING

(IN-PERSON AT SPB LOCATION)

Usually meets on Fridays at 10:00 a.m.

Registration required, no fee

MEN & WOMEN IN RETIREMENT “LIVING AND WORKING OFF EARTH FOR THE LONG TERM” (ZOOM)

Friday, February 10 at 11:00 a.m.

Space agencies and private enterprises are planning to return to the Moon and establish a human colony as a steppingstone to the habitation of Mars. This lecture will describe some of the design considerations, challenges, and opportunities for building colonies, and the role of physical and mental fitness in ensuring habitat expansion. Dr. Martin Braddock, Sherwood Observatory, Nottinghamshire, UK, will present on the opportunities and challenges of space travel. All are welcome. Registration required, no fee.

TRANSITION TO RETIREMENT (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)

Friday, February 17 at 2:30 p.m. (Earlier time this month)

This group addresses the many kinds of issues that can arise during the transition to retirement. The group is facilitated by Paul Knight. Registration required, no fee

WOMEN IN RETIREMENT: COFFEE KLATCH

(IN-PERSON AT PANERA BREAD IN NASSAU PARK OR ON ZOOM)

Fridays at 10:00 a.m.

Join the Women in Retirement for an in-person informal meetup. Contact WIR for location of meeting. All are welcome. For more information about the Women in Retirement and WIR Coffee Klatches, go to <http://wired.wordpress.com/>

FEBRUARY EXERCISE & FITNESS PROGRAMS

GENTLE YOGA + NIDRA — WINTER QUARTER (ZOOM)
Mondays through March 27 (no class 2/20), 10:00 a.m.
Fee: \$80 resident/\$90 nonresident
Instructor: Joy Cline-Okoye

FULL MOTION FITNESS (IN-PERSON AT SPB LOCATION)
Mondays, beginning February 6 through February 27, 8:30 a.m.
Fee: \$30 resident/\$35 nonresident
Join us in-person for an energetic and fun workout designed to get the body moving through a variety of exercises set to lively music. This course is welcoming and inclusive to all fitness levels.
Instructor: Cynthia Adams

THE FELDENKRAIS METHOD EXERCISE: FOUR-SESSION WORKSHOP (IN-PERSON AT SPB LOCATION)
Wednesdays, beginning February 1 through February 22, 10:00 a.m.
Fee: \$30 resident/\$35 nonresident
The Feldenkrais Method helps participants increase ease and range of motion, improve flexibility and coordination, and rediscover a capacity for graceful movement. Space is limited to 15 with a minimum of 6.
Instructor: Jaclyn (Jackie) Boone

MINDFUL CHAIR YOGA & MEDITATION — WINTER QUARTER (ZOOM)
Thursdays through March 30, 10:00 a.m.
\$80 resident/\$90 nonresident
Instructor: Lyn Lilavati Sirota

PICKLEBALL BOOTCAMP: TWO-A-DAYS (IN-PERSON AT SPB LOCATION)
Wednesdays and Thursdays from 11:00 a.m.–12:30 p.m.; February 1 and 2, February 8 and 9, February 15 and 16, or February 22 and 23
Fee: \$60 resident/\$75 nonresident per session
“Pickleball Bootcamp: Two-A-Days” is a back-to-back two-session course designed for beginners or novice players to learn the basics of pickleball, run drills, and, of course, play the game. With a variety of Bootcamps available, participants are welcome to sign up for one or more “Two-A-Days” to grow their skills in Pickleball! Minimum 3, Maximum 6.

PICKLEBALL “3 AND ME” WITH INSTRUCTOR CAROLYN (IN-PERSON AT SPB LOCATION)
Available on Wednesdays from 10:00–11:00 a.m. or 12:45–1:45 p.m. and Thursdays from 10:00–11:00 a.m. throughout February.

Fee: \$20 resident/\$25 nonresident per session
“3 and Me” with Instructor Carolyn is an excellent opportunity for participants who already know the basics of Pickleball to play for an hour of open court and develop their skills through instructed game play.

PICKLEBALL GROUP COURT RENTALS (IN-PERSON AT SPB LOCATION)
Fee: \$30 resident/\$35 nonresident per hour per group
Reserve our pickleball court located in our Suzanne Patterson Building at 45 Stockton Street! Reservations are on a first come, first served basis. For available dates and times, please see the Pickleball Group Court Rental Form: princetonsenior.link/PickleballJanuaryGroupRental

SCULPT & STRETCH (IN-PERSON AT SPB LOCATION)
Tuesdays, beginning February 7 through February 28, 8:30 a.m.
Fee: \$30 resident/\$35 nonresident
This total body sculpt and stretch class focuses on helping you to grow stronger while improving your range of motion through the use of light hand weights, resistance bands, and gentle stretching. This course is welcoming and inclusive to all fitness levels.
Instructor: Cynthia Adams

STAY-WELL CHAIR EXERCISE (ZOOM)
Tuesdays, beginning February 7 through February 28, 1:00 p.m.
\$30 resident/\$35 nonresident
Join us on Zoom for a month-long aerobics workshop that will help build endurance and strengthen your body, mind, and soul. This chair aerobics class is designed for those seeking a gentle yet lively form of exercise. Instructor Laraine Alison offers a fun, music-filled class that will help you to forget you are even exercising. You will need hand weights, or you could use water bottles or cans, therapy bands, comfortable clothing, water, and a smile.
Instructor: Laraine Alison

TAI CHI (IN-PERSON AT SPB LOCATION)
Tuesdays, beginning February 7 through February 28, 11:00 a.m.
\$20 resident/\$25 nonresident
Tai Chi is a series of gentle flowing movement that connects the mind and body.
Instructor: Sisco Kinjo

FEBRUARY GAMES & ENRICHMENT PROGRAMS

BASIC DRAWING: BEGINNERS TO ADVANCED INTERMEDIATE – WINTER SESSION 1 (ZOOM)

Eight Sessions on Tuesdays through February 28, 9:30 a.m.

Fee: \$85 resident/\$95 nonresident

This course introduces students to a variety of easy to learn drawing techniques and encourages students to develop their own style. The class will also offer sessions on figure drawing. Each interactive session includes a specified lesson plan, with practice and drills, time to share, and personalized critiques designed to unblock the artist in you, tap into your imagination, unleash your creativity, and exercise your memory, analytical, and small motor skills. Experienced artists will grow in agility and gain proficiency. Fun weekly challenges! Space is limited to 10 students with a minimum of 6. Call for availability.

Instructor: Denise McDaniel

COSMOLOGY (HYBRID – IN-PERSON AT NSK LOCATION AND ON ZOOM)

Thursdays, 10:00 a.m.

Peer-led science discussion. Contact brucewallman@gmail.com for more info.

GAMES DAY AT PSRC (IN-PERSON AT SPB LOCATION)

Tuesdays, 1:00–4:00 p.m.

Come with a partner or a few friends to enjoy game playing at PSRC. Mah Jongg (bring your own set), Canasta, Scrabble, and Social Bridge. Registration required due to limited space, no fee.

MASTERING THE ART OF PAINTING – WINTER SESSION 1 (IN-PERSON AT SPB LOCATION)

Fridays through March 3, 2:00 p.m.

Fee: \$85 resident/\$95 nonresident

For intermediate painters, this four-session class emphasizes the components of the creative painting process. Maximum 9 students with a minimum of 6. Call for availability

Instructor: Christina Rang

MEMOIR WRITING (ZOOM)

Six Sessions on Thursdays through February 16, 1:00–2:00 p.m.; Fee: \$40

What's your story? In our online memoir workshop, you will learn how to get started on mining your memories and shaping them into well-crafted pieces. We will engage in writing exercises, discuss the craft of writing, and share examples from several published memoirs to inspire you. Limited to 14 students with a minimum of 7. Call for availability.

Wendy Humphrey is a communications and public relations specialist who has been helping people tell their stories for more than three decades, first in the hospital setting and then in higher education. She is a confident writer and editor who loves the power of words. Having interviewed hundreds of people over the years, Wendy has learned that everyone has a story; you just need to ask the right questions.

THE WONDERS OF WORD PLAY (ZOOM)

Mondays through June, 2:00 to 3:30 p.m.; Fee: \$20.00

The Wonders of Word Play is a poetry workshop that meets weekly, offering an opportunity for all to read a poem that they wrote or worked on that week and receive constructive responses and suggestions. At the end of each session a prompt is given for the following week.

Created by Rice Lyons in 2000, Word Play is open to anyone, whether brand new or seasoned poet, who is interested in writing poetry and having a writing community in which to grow one's skills. A cooperative style of leadership distributes roles of hosting and facilitating weekly sessions among its members. Limited to 12 registrants. Call for availability.

TABLE TENNIS (IN-PERSON AT SPB LOCATION)

Mondays and Fridays, 1:00–4:00 p.m.

Come for camaraderie, exercise, and fun! All skill levels are invited to participate in this energetic sport.

Registration required (no walk-ins), no fee.

THE DONALD AND NANCY LIGHT TECHNOLOGY LITERACY LAB (IN-PERSON AT NSK LOCATION)

Monday through Friday, 9:30 a.m. to 4:30 p.m.

Our well-appointed and roomy Tech Lab welcomes you with brand new PC's and Mac computers. Stop by to check your email, get some work done, connect with friends and family, or surf the web.

Tech assistance is available two ways: in-person on Wednesdays and Thursdays, from 2:00 to 4:00 p.m., and virtually, Monday through Friday. Appointments preferred. To learn more about PSRC's technical assistance, go to our website at princetonsenior.org/technology-lab/ or to fill out a request form go to princetonsenior.link/tech-assist.

Monday

Tuesday

Wednesday

Thursday

Friday

FEBRUARY 2023

Programs and groups meet virtually on Zoom (unless indicated otherwise)

1

- 10:00 Feldenkrais Method (SPB)
- 10:00 Pickleball "3 and Me" (SPB)
- 11:00 Pickleball Bootcamp: Two-A-Days (SPB)
- 12:45 Pickleball "3 and Me" (SPB)
- 1:00 Chess+ Workshop
- 3:00 Let's Talk (NSK-H)

2

- 10:00 Cosmology (NSK-H)
- 10:00 Mindful Chair Yoga
- 10:00 Pickleball "3 and Me" (SPB)
- 11:00 Gallery Talks
- 11:00 Pickleball Bootcamp: Two-A-Days (SPB)
- 1:00 Memoir Writing
- 1:30 A Novel Idea: PSRC's Book Club (SPB)
- 1:30 OnStage Seniors (SPB)
- 2:00 Using Your Wits (NSK-H)
- 3:00 Forever Young (55-65) (NSK-H)

3

- 10:00 Men in Retirement Breakfast Meeting (SPB)
- 10:00 Women in Retirement Coffee Klatch
- 11:00 Rendez-vous with Francophone Authors (NSK-H)
- 1:00 First Friday Film - *Summer of Soul* (NSK-H)
- 1:00 Table Tennis (SPB)
- 2:00 Coronado National Park
- 2:00 Mastering the Art of Painting (SPB)

6

- 10:00 Gentle Mat Yoga + Nidra
- 1:00 Global Conversations
- 1:00 Library Reads
- 1:00 Table Tennis (SPB)
- 2:00 Joshua Tree National Park
- 2:00 The Wonders of Word Play

7

- 9:30 Basic Drawing
- 10:30 TED Talks (NSK-H)
- 11:00 Tai Chi (SPB)
- 1:00 Games Day (SPB)
- 1:00 History of Classical Music
- 1:00 Stay-Well Chair Exercise
- 3:00 FYI Seminar - "Tips to Organize Your Home" (NSK-H)

8

- 10:00 Feldenkrais Method (SPB)
- 10:00 Pickleball "3 and Me" (SPB)
- 11:00 Pickleball Bootcamp: Two-A-Days (SPB)
- 12:45 Pickleball "3 and Me" (SPB)
- 1:00 Bingo: Win Like Never B-4 (NSK)
- 1:00 Chess+ Workshop
- 3:00 Let's Talk (NSK-H)

9

- 10:00 Cosmology (NSK-H)
- 10:00 Mindful Chair Yoga
- 10:00 Pickleball "3 and Me" (SPB)
- 11:00 Gallery Talks
- 11:00 Pickleball Bootcamp: Two-A-Days (SPB)
- 1:00 Memoir Writing
- 1:30 A Novel Idea: PSRC's Book Club (SPB)
- 1:30 OnStage Seniors (SPB)
- 2:00 Using Your Wits (NSK-H)
- 3:00 Children of Aging Parents Group (NSK-H)

10

- 11:00 Men and Women in Retirement Monthly Presentation
- 11:00 Rendez-vous with Francophone Authors (NSK-H)
- 1:00 Table Tennis (SPB)
- 2:00 Haleakalā National Park
- 2:00 Mastering the Art of Painting (SPB)

13

- 10:00 Gentle Mat Yoga + Nidra
- 1:00 Global Conversations
- 1:00 Table Tennis (SPB)
- 2:00 Rocky Mountain National Park
- 2:00 The Wonders of Word Play
- 3:00 Caregivers Group

14

- 9:30 Basic Drawing
- 11:00 Next Chapter: Widows & Widowers (NSK-H)
- 11:00 Tai Chi (SPB)
- 1:00 Games Day (SPB)
- 1:00 History of Classical Music
- 1:00 Knit Wits (NSK-H)
- 1:00 Stay-Well Chair Exercise
- 3:00 FYI Seminar - "Mental Health First Aid" (NSK)

15

- 10:00 Feldenkrais Method (SPB)
- 10:00 Pickleball "3 and Me" (SPB)
- 10:30 "Show, Don't Tell": The Secret of Good Writing
- 11:00 Making a Way Out of No Way: African American Soldiers in WWII
- 11:00 Pickleball Bootcamp: Two-A-Days (SPB)
- 12:45 Pickleball "3 and Me" (SPB)
- 1:00 Chess+ Workshop
- 3:00 Let's Talk (NSK-H)

16

- 10:00 Cosmology (NSK-H)
- 10:00 Mindful Chair Yoga
- 10:00 Pickleball "3 and Me" (SPB)
- 11:00 Gallery Talks
- 11:00 Pickleball Bootcamp: Two-A-Days (SPB)
- 1:00 Memoir Writing
- 1:30 OnStage Seniors (SPB)
- 2:00 Using Your Wits (NSK-H)
- 3:00 Early Stage Memory Loss Support Group (NSK-H)

17

- 10:00 Men in Retirement Breakfast Meeting (SPB)
- 10:00 Women in Retirement Coffee Klatch
- 1:00 Table Tennis (SPB)
- 2:00 Aging Gaily (LGBTQ+) (NSK-H)
- 2:00 Everglades National Park
- 2:00 Mastering the Art of Painting (SPB)
- 2:30 Transition to Retirement (NSK-H)

20

PSRC CLOSED FOR THE PRESIDENTS' DAY HOLIDAY

21

- 9:30 Basic Drawing
- 10:30 TED Talks (NSK-H)
- 11:00 Grandparenting Group (NSK-H)
- 11:00 Tai Chi (SPB)
- 1:00 Games Day (SPB)
- 1:00 History of Classical Music
- 1:00 Stay-Well Chair Exercise
- 3:00 FYI Seminar - "Early Heart Attack Care + Hands Only CPR" (NSK-H)

22

- 10:00 Feldenkrais Method (SPB)
- 10:00 Pickleball "3 and Me" (SPB)
- 10:30 "Show, Don't Tell": The Secret of Good Writing
- 11:00 Pickleball Bootcamp: Two-A Days (SPB)
- 12:45 Pickleball "3 and Me" (SPB)
- 1:00 Chess+ Workshop
- 3:00 Let's Talk (NSK-H)
- 3:00 Live from Brazil: Walking Tour of Black History in Bahia (NSK-H)

23

- 10:00 Cosmology (NSK-H)
- 10:00 Mindful Chair Yoga
- 10:00 Pickleball "3 and Me" (SPB)
- 11:00 Pickleball Bootcamp: Two-A Days (SPB)
- 1:30 A Novel Idea: PSRC's Book Club (SPB)
- 1:30 OnStage Seniors
- 3:00 Pups & Cups (NSK)

24

- 10:00 Men in Retirement Breakfast Meeting (SPB)
- 10:00 Women in Retirement Coffee Klatch
- 11:00 Senior Citizen Club (NSK)
- 1:00 Table Tennis (SPB)
- 2:00 Homestead National Historic Park
- 2:00 Mastering the Art of Painting (SPB)

27

- 10:00 Gentle Mat Yoga + Nidra
- 11:00 Bereavement Group
- 1:00 Global Conversations
- 1:00 Table Tennis (SPB)
- 2:00 The Wonders of Word Play
- 3:00 Caregivers Group

28

- 9:30 Basic Drawing
- 10:30 TED Talks (NSK-H)
- 11:00 Next Chapter: Widows & Widowers (NSK-H)
- 11:00 Tai Chi (SPB)
- 1:00 Games Day (SPB)
- 1:00 Stay-Well Chair Exercise
- 3:00 FYI Seminar - "What is a Death Midwife?" (NSK)

Full Motion Fitness on Mondays and Sculpt & Stretch on Tuesdays. Both at 8:30 a.m. in SPB

Key:
 NSK - Nancy S. Klath Center
 SC - Spruce Circle
 SPB - Suzanne Patterson Building
 H - Hybrid Group/Program



Spring 2023 Course List

Most classes begin the week of February 27, 2023

AMERICA IN THE 1960s

INSTRUCTOR: Stan Katz
DAY AND TIME: Mondays from
10:00 a.m.–noon
FORMAT: Virtual

ANTARCTIC EXPLORATIONS

INSTRUCTOR: Harold Kuskin
DAY AND TIME: Tuesdays from
10:00 a.m.–noon
FORMAT: Hybrid

BRONTE AND ELIOT: ROMANTICISM VS. REALISM

INSTRUCTOR: John Kucich
DAY AND TIME: Wednesdays from
10:00 a.m.–noon
FORMAT: Virtual

DADA AND SURREALISM

INSTRUCTOR: Wendy Worth
DAY AND TIME: Tuesdays from
1:30–3:30 p.m.
FORMAT: Virtual

DECEIVING BY NUMBERS: DATA IN THE NEWS

INSTRUCTOR: Bernard Abramson
DAY AND TIME: Thursdays from
1:30–3:30 p.m.
FORMAT: In-Person

DIPLOMACY: TODAY'S WORLD ORDER

INSTRUCTOR: Robert Ross
DAY AND TIME: Mondays from
1:30–3:30 p.m.
FORMAT: Hybrid

FOUR LECTURES ON QUANTUM MECHANICS

INSTRUCTOR: Matias Zalzarriaga
DAY AND TIME: Fridays from
3:30–5:30 p.m.
FORMAT: In-Person

THE FRENCH REVOLUTION AND THE AGE OF NAPOLEON

INSTRUCTOR: Robert Nolan
DAY AND TIME: Thursdays from
1:30–3:30 p.m.
FORMAT: Hybrid

GEOGRAPHY OF NEW JERSEY

INSTRUCTOR: Dave Saltzman
DAY AND TIME: Thursdays from
10:00 a.m.–noon
FORMAT: Hybrid

GREAT DECISIONS 2023

INSTRUCTOR: David Redman
DAY AND TIME: Tuesdays from
1:30–3:30 p.m.
FORMAT: Virtual

HIGHLIGHTS IN THE HISTORY OF PHILOSOPHY

INSTRUCTOR: David Brahinsky
DAY AND TIME: Wednesdays from
1:30–3:30 p.m.
FORMAT: Hybrid

HOLDING HANDS WITH THE BROTHERS GRIMM

INSTRUCTOR: Susan Matson
DAY AND TIME: Mondays from
1:30–3:30 p.m.
FORMAT: In-Person

MATHEMATICAL PLAY: PUZZLES, PROBABILITIES, AND PARADOXES

INSTRUCTOR: Mark Schlawin
DAY AND TIME: Wednesdays from
10:00 a.m.–noon
FORMAT: In-Person

MOHSIN HAMID AND AYAD AKHTAR: THE DIVIDED CONVERSATION

INSTRUCTOR: Lois Marie Harrod
DAY AND TIME: Wednesdays from
1:30–3:30 p.m.
FORMAT: Virtual

POETS AMONG US

INSTRUCTOR: Chris Reed
DAY AND TIME: Tuesdays from
1:30–3:30 p.m.
FORMAT: Virtual

PRINCETON'S 300 MILLION YEARS OF GEOLOGIC HISTORY

INSTRUCTOR: Lincoln Hollister
DAY AND TIME: Thursdays between
1:00–4:00 p.m.
FORMAT: In-Person

READING BUILDINGS: A PRIMER

INSTRUCTOR: Alan Chimaoff
DAY AND TIME: Fridays from
1:30–3:30 p.m.
FORMAT: Virtual

SCIENCE IN THE NEWS

INSTRUCTOR: Harold Heft
DAY AND TIME: Fridays from
10:00 a.m.–noon
FORMAT: Hybrid

SCIENTISTS, SOLDIERS, STATESMEN: THE A-BOMB

INSTRUCTOR: Lloyd Gardner
DAY AND TIME: Thursdays from
10:00 a.m.–noon
FORMAT: Hybrid

SHAKESPEARE'S TRAGEDIES

INSTRUCTOR: Larry Danson
DAY AND TIME: Tuesdays from
10:00 a.m.–noon
FORMAT: In-Person

SOCIAL SECURITY — WHAT'S LOVE GOT TO DO WITH IT?

INSTRUCTOR: Donn Mitchell
DAY AND TIME: Fridays from
1:30–3:30 p.m.
FORMAT: Hybrid

TALES FROM OUR GALLERIES

INSTRUCTOR: Nancee Goldstein
DAY AND TIME: Wednesdays from
1:00–2:30 p.m.
FORMAT: Virtual

THEATRE APPRECIATION: FROM PAGE TO STAGE

INSTRUCTOR: Ryanne Domingues
DAY AND TIME: Mondays from
10:00 a.m.–noon
FORMAT: Hybrid

WAR AND PEACE: TEXT AND CONTEXT

INSTRUCTOR: Nancy Kanach and
Victor Ripp
DAY AND TIME: Thursdays from
10:00 a.m.–noon
FORMAT: In-Person

The Evergreen Forum uses a first-come, first-served registration system. **Registration opens Tuesday, January 24.** Registration for a second or more courses will open on Tuesday, February 7. To register, go to princeton senior.org.

Telephone and mail applications will not be accepted. Course format is subject to change.

Waitlists: If a class is full, registrants are encouraged to put their name on the online waitlist.

Evergreen Forum Fees: \$110 for a six- to eight-week course, and \$85 for a three- to five-week course.
Cost should never be a barrier to learning! [Senior Scholarships](#) are available to those for whom the fee is a hardship.

Be Careful When You Search for Technical Help

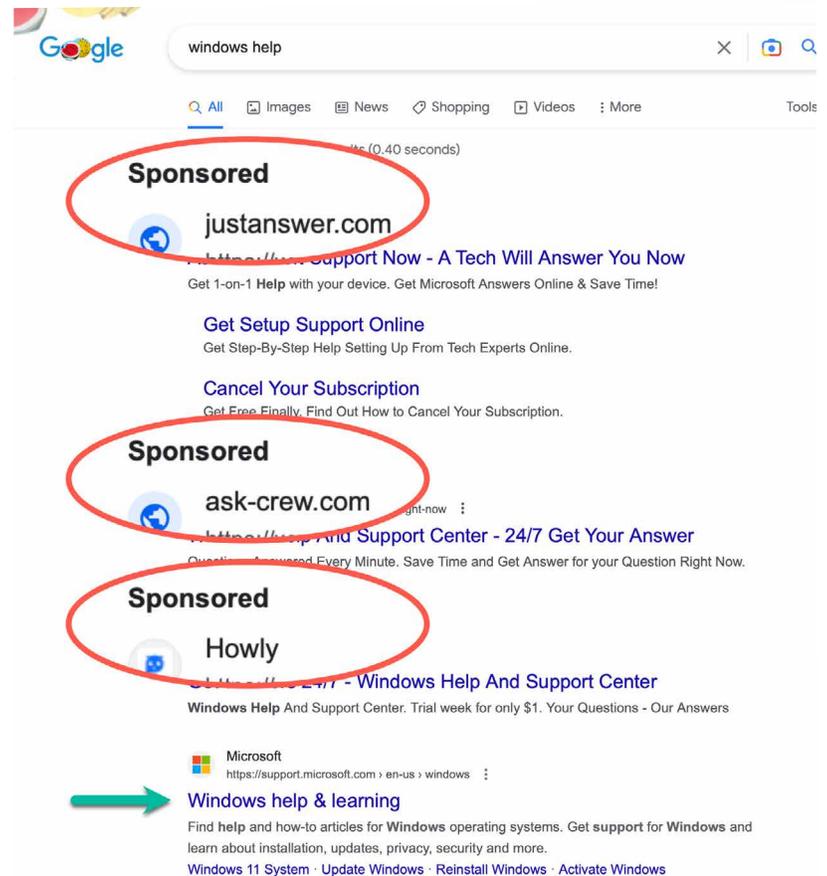
Google’s uncanny ability to serve up what we’re looking for often lists “sponsored” websites that could be deceptive.

Some twenty-five years ago, Google assumed the reins from AltaVista as the premier search “engine.”¹ Using its ingenious “page rank” algorithm, Google returns search results in milliseconds and with uncanny accuracy. It’s as if the Google people know precisely what we’re looking for because the results are usually at the top of the list! And for free!

But, alas, few things are really “free” on the internet. For example, while you and I don’t pay Google when we use its search engine, companies who want their websites to appear at the top of Google’s search results do, which means you can’t assume the first few results are what you’re looking for. **This is especially important when you’re seeking technical help because some websites may offer services that require a service charge while others may be scams.**

For instance, note the screenshot of the list Google returned when I searched for “Windows Help.” The top three websites in Google’s list are **sponsored** by various non-Microsoft companies that provide (or claim to provide) Windows help.

All three sites (Justanswer.com, Ask-crew.com, and Howly) require a subscription and fee and may or may not be Microsoft experts. They may be fine, but I wanted the official Microsoft site, which is the fourth item on the list.



Tips for safe searches

1. Don’t assume the search results at the top of a Google list are what you’re looking for.
2. Remember that sponsored websites may or may not be listed first and may or may not be the “official” website you want. Official company websites usually include the name of the company, like hp.com, microsoft.com, or apple.com, in their website address.
3. Bypass Google and enter the URL of the site you want directly into the address bar. For example, www.microsoft.com or www.hp.com. Then search on those official websites for what you want.
4. **Never call “800” numbers for advice unless you are certain who you are talking to.**

If you need technical help, our volunteer tech team may be just the ticket. Just fill out the nifty help request at <https://princetonsenior.wufoo.com/forms/technology-assistance-request/>.

¹ A “search engine” is a website that provides a list of other websites based on the topic you’re searching for.

A QUICK GUIDE TO AREA RESOURCES

Access Princeton
609.924.4141

Affordable Housing
609.688.2053

Arm-in-Arm
609.921.2135

Central Jersey Legal Services
609.695.6249

Community Without Walls
609.921.2050

Cornerstone Community Kitchen
609.924.2613

Funeral Consumers Alliance
609.924.3320

Meals on Wheels
609.695.3483

Mercer County Nutrition Program
609.989.6650

Mercer County Office on Aging
609.989.6661 or 877.222.3737

NJ Consumer Affairs
973.504.6200

NJ Division of Aging Services
800.792.8820, ext. 352

One Table Café
609.924.2277

PAAD (Pharmaceutical Aid)
800.792.9745

Princeton Community Housing
609.924.3822

Princeton Housing Authority
609.924.3448

Princeton Human Services
609.688.2055

Princeton Police (non-emergency)
609.921.2100

Princeton Public Library
609.924.9529

Reassurance Contact
609.883.2880

Ride Provide
609.452.5144

Senior Care Services of NJ
609.921.8888

Senior Citizen Club
609.921.0973

Social Security
800.772.1213

SHIP (Medicare)
609.273.0588

T.R.A.D.E. (Transportation)
609.530.1971

AGING GAILY (LGBTQ+) AND FOREVER YOUNG (AGES 55–65) GROUPS

PSRC's Aging Gaily group for LGBTQ+ older adults kicked off in January. The group discussed gay history and plans to coordinate social activities, build friendships, and offer support as needed. This group will meet at NSK in a hybrid format on February 17 at 2:00 p.m. (rescheduled from February 20 due to the holiday). The Aging Gaily group invites any LGBTQ+ elders to join or sign up to have someone reach out to you about the group.

Forever Young (ages 55–65) held an interest meeting in December and will start having regular meetings on the first Tuesday of each month. The next meeting at NSK is a hybrid format (in-person and on Zoom) on Thursday, February 2 at 3:00 p.m.

TRANSPORTATION

CROSTOWN

The Crosstown Transportation program is currently following these safety protocols:

- Cleaning and disinfecting procedures in vehicles before, between rides, and at shift end.
- Installation of sneeze guards in cars.
- All drivers must wear masks.
- All riders must wear a mask (unless medically unable). We will provide a mask if the rider doesn't have one.
- Riders must sit in the back seat.
- No rideshares, except with family or an aide.

Door-to-door car service within Princeton for people over age sixty-five. Call 609.751.9699 to **register for the program and purchase \$3 vouchers**. Then call Ride Provide at 609.452.5144 to schedule a ride.

Vouchers are not needed for these destinations only:

- **Penn Medicine Princeton Health/Princeton Medical Center**
One Plainsboro Road, Plainsboro, NJ 08536
(the hospital and medical offices at the hospital)
- **Princeton Fitness & Wellness Center**
1225 State Road (Route 206), Princeton, NJ 08540
(physical therapy/rehabilitation)

Did you know you can support PSRC by giving us your McCaffrey's receipts?

PSRC receives a percentage of the total receipts. They can be **up to three months old**. Mail or drop off: to: PSRC, 101 Poor Farm Road, Building B (located between Bunn Dr. and Mt. Lucas Rd.), Princeton, NJ 08540 OR drop them in our mailbox on the porch at the Suzanne Patterson Building.



SOCIAL WORK INTERN, MICHELLE RIBSAM

Please join us in welcoming our new social work intern, Michelle Ribsam. Michelle is currently pursuing her master's degree in social work (MSW) at Rutgers University and anticipates graduating May 2024. During the day, Michelle works as a social worker for Mercer County Adult Protective Services ensuring adults in the community are living in a safe environment. In her free time, Michelle enjoys playing with her Aussie, Cricket, hiking with her husband, and cooking delicious vegan food.



- AGING GAILY (LGBTQ+)**
(IN-PERSON AT NSK - HYBRID)
Friday, February 17 at 2:00 p.m.
(Usually third Monday of each month)
- BEREAVEMENT**
Monday, February 27 at 11:00 a.m.
(Usually third Monday of each month)
*Call Sherri Goldstein
609.819.1226 to attend.*
- CAREGIVERS**
Monday, February 13 & 27 at 3:00 p.m.
(Usually second & fourth Monday of each month)
- CHILDREN OF AGING PARENTS**
(IN-PERSON AT NSK - HYBRID)
Thursday, February 9 at 3:00 p.m.
(Usually second Thursday of each month)
- EARLY STAGE MEMORY LOSS SUPPORT**
(IN-PERSON AT NSK - HYBRID)
Thursday, February 16 at 3:00 p.m.
(Usually third Thursday of each month)
- FOREVER YOUNG (55–65)**
(IN-PERSON AT NSK - HYBRID)
Thursday, February 2 at 3:00 p.m.
(Usually first Thursday of each month)
- GLOBAL CONVERSATIONS**
Mondays at 1:00 p.m.
- GRANDPARENTING**
(IN-PERSON AT NSK - HYBRID)
Tuesday, February 21 at 11:00 a.m.
(Usually third Tuesday of each month)
- KNIT WITS** (IN-PERSON AT NSK - HYBRID)
Tuesday, February 14 at 1:00 p.m.
(Usually second Tuesday of each month)
- LET'S TALK** (IN-PERSON AT NSK - HYBRID)
Wednesdays at 3:00 p.m.
- MEN & WOMEN IN RETIREMENT MONTHLY MEETING**
Friday, February 10 at 11:00 a.m.
(different time this month)
- NEXT CHAPTER: WIDOW/-ERS**
(IN-PERSON AT NSK - HYBRID)
Tuesday, February 14 & 28 at 11:00 a.m.
(Usually second and fourth Tuesday of each month)
- TED TALKS**
(IN-PERSON AT NSK - HYBRID)
Tuesdays at 10:30 a.m.
- TRANSITION TO RETIREMENT**
(IN-PERSON AT NSK - HYBRID)
Friday, February 17 at 2:30 p.m.
(Usually third Friday of each month)

THERE ARE NO FEES FOR THESE GROUPS.

ALL GROUPS MEET VIRTUALLY USING ZOOM UNLESS INDICATED OTHERWISE.

Sign up for virtual groups on our [website](#) or call 609.751.9699 for assistance. **13**

VA AND FCC MAKE IT EASIER FOR VETERANS TO GET INTERNET ACCESS



If you receive a qualifying VA pension, VA and the Federal Communications Commission (FCC) are making it easier for you to get connected to the internet.

Discounts to help Veterans get online

Veterans can sign up for the programs through the FCC National Verifier (nv.fcc.gov/lifeline/?id=nv_home&ln=RW5nbGlzaA%3D%3D) or by contacting a participating internet service company. Veterans who want assistance signing up for the FCC's programs can get help from their VA care team through a Digital Divide (news.va.gov/?s=digital%20divide) consult. Learn more about how VA is working to bridge the digital divide.



Not a Veteran? You may also qualify to receive benefits

To see if you qualify, visit the Lifeline (lifelinesupport.org/do-i-qualify/) or Affordable Connectivity Program (affordableconnectivity.gov/do-i-qualify/) websites.

PSRC Lending Locker

Your go-to resource for wheelchairs, walkers, canes, and more! Call to inquire about inventory or to donate equipment. princetonsenior.org/lending-locker



PSRC has FREE incontinence supplies — contact us for information.

PSRC WINTER RAFFLE

ARE YOU FEELING LUCKY?

Help PSRC reach our annual fundraising goals for 2022–23 by entering a chance to WIN

1st Prize — \$5,000 AMEX gift card

2nd Prize — \$2,500 AMEX gift card

3rd Prize — Aventon E-Bike

4th Prize — Paella Dinner for 8

Catered Paella Dinner for 8 provided by Las Patatas de Rafa*
**only delivery in Mercer County*

Tickets go on sale Tuesday, January 17

Drawing on Thursday, March 16

\$100 each, max 300 tickets sold

Tickets can be bought at the front desk of NSK or SPB

OR CLICK HERE TO ENTER: princetonsenior.link/2023-WinterRaffle



Spotlight on Rothkoff Law Group

For over twenty years, Rothkoff Law Group has been helping clients and their families respond to the legal, financial, physical, and psychological challenges associated with the aging process in both New Jersey and Pennsylvania. Rothkoff Law Group is committed to giving you peace of mind as you plan for the future. Their office believes that dedicated and superior customer service and individualized attention can make this seemingly overwhelming process empowering and even rewarding.

In the words of our founding attorney, Jerold E. Rothkoff, Esq., “Our goal is to improve the lives of those we have the privilege to advocate for and to help change the long-term care system for the better.” Rothkoff Law Group strives to be a resource to both the clients we serve and to the elder care industry as well.

One resource Rothkoff updates yearly is their Elder Law Quick Fact Numbers. Request a paper version or downloadable PDF by going to www.rothkofflaw.com/resources.

rothkofflaw.com





SPONSORSHIP OPPORTUNITIES

PSRC SPRING FUNDRAISER

Join us for a special event with KEITH SPENCER TRIO IN CONCERT

DYNAMIC, VERSATILE BARITONE VOCALIST AND CONCERT ENTERTAINER DESSERT RECEPTION FOLLOWING CONCERT

Ticket(s) \$40 each Patron Level \$100 each (includes a \$60 donation)

Keith Spencer has pursued his love of the stage and concert performance nationally and in many Philadelphia-local professional venues including Bristol Riverside Theatre, Act II Playhouse, The Prince Music Theatre, Hedgerow Theatre, The Broadway Theatre of Pitman, and Parx Casino with the Summer Club Big Band.

Proceeds from this event fund PSRC's essential social services, providing support and extensive educational and social programming for the older adults in our community. PSRC has set a goal to raise \$35,000. Help us achieve this goal and become an event sponsor.

An event sponsorship offers unique advertising benefits. We are a perfect fit for the company looking to build brand awareness, share their communal philanthropy, and increase visibility among 4,500 plus patrons of the greater Princeton area.

THIS IS AN IN-PERSON EVENT at Stone Hill Church, 1025 Bunn Dr, Princeton NJ

SUNDAY, APRIL 30, 2023 at 3:30 p.m. (doors open at 3:00 p.m.)

REGISTER HERE: princeton senior.link/2023-SpringFundraiser



PRINCETON SENIOR RESOURCE CENTER 101 Poor Farm Road, Building B Princeton • NJ • 08540 princeton senior.org • 609.751.9699

Company Name _____ Address _____ Contact Name _____ Signature _____ Telephone _____ Email _____ Administrative Contact _____ Telephone _____ Email _____

Three sponsorship levels: All That Jazz Level (\$2,500), Luck Be A Lady Level (\$1,500), and That Old Black Magic Level (\$750). Each level lists benefits like complimentary tickets and recognition. Includes contact info for Lisa Adler.

PAYMENT INFORMATION (Check or Credit Card) Check Number _____ Check Amount _____ Card Number _____ Exp ____/____ CVV _____ Cardholder Name _____ Signature _____ Date _____

PLEASE KEEP A COPY OF THIS AGREEMENT FOR YOUR RECORDS.



101 Poor Farm Rd, Bldg B • Princeton • NJ 08540



Princeton Muni Service stops at our building
Mercer County 606 Bus stops at Princeton Care Center
(728 Bunn Drive)
which is two driveways from our building

PICKLEBALL AT THE SUZANNE PATTERSON BUILDING



Cold and dreary winter months won't stop you from enjoying the great game of Pickleball! Take advantage of our climate-controlled indoor court. No rain, snow, or clouds in sight and with three unique ways to get into the Pickleball spirit, PSRC is the perfect place to enjoy the game. Rent our court, learn to play in one of our bootcamps, or get in some open court time with our certified pickleball instructor. To learn more, click [here!](https://princeton senior.org/pickleball/)

princeton senior.org/pickleball/

GRATEFUL THANKS TO ALL OF OUR ANNUAL SPONSORS

- | | | |
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Pennington, & Serenade at Princeton | McCaffrey's Food Markets | Rothkoff Law Group |
| Bryn Mawr/WSFS | NightingaleNJ Eldercare Navigators | Roundview Capital |
| Capital Health | Novi Wealth Partners | Silver Century Foundation |
| Hamilton Jewelers | Peapack Private Wealth Management | Springpoint Choice |
| Home Instead | Penn Medicine Princeton Health | Stark & Stark Attorneys at Law |
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Be sure to follow us on Facebook so you don't miss a beat! facebook.com/princeton senior.org/